

ENERGISM

What's with all the swirls?

The swirls in these paintings represent the flow of energy between all things and demonstrate how man, animal and landscape are all interconnected.

Pioneered by artist Julia Watkins, this style, known as energism was inspired by the concepts of the Chinese martial art Tai Chi.

Tai Chi masters believe the key to balance is to move and live with the natural rhythms of earth, water and sky. Moving with the flow is "the way" or Tao.



Can you see the four orange robed monks in this painting?



Hidden Images Have Purpose

Within the artist's paintings, you will often find hidden images. They will only appear if you relax and let go of your analytical side. Then they're obvious.

This is not meant to be a clever optical trick, and you don't have to cross your eyes. By getting you to "go with the flow" you experience the same thing as the painting's subjects.

Julia Watkins

Pioneer of the Energism Style

Julia Watkins shows her work throughout the US. Her paintings can be found in numerous corporate and private collections world-wide.



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